

## Contents

- A5 Editorial Board  
A7 Highlights of this issue

## Editorials

- 65 **Guided self-help in a brave new world**  
Jaime Delgado
- 67 **Addressing alcohol-related dementia should involve better detection, not watchful waiting**  
Rahul (Tony) Rao and Brian Draper
- 69 **Return of the asylum**  
Jane Gilhooly and Brendan D. Kelly

## Review article

- 71 **Prediction of electroconvulsive therapy response and remission in major depression: meta-analysis**  
Linda van Diermen, Seline van den Aamele, Astrid M. Kamperman, Bernard C.G. Sabbe, Tom Vermeulen, Didier Schrijvers and Tom K. Birkenhäger

## Papers

- 81 **In-patient treatment in functional and sectorised care: patient satisfaction and length of stay**  
V.J. Bird, D. Giacco, P. Nicaise, A. Pfennig, A. Lasalvia, M. Welbel and S. Priebe

- 87 **Bipolarity, creativity, stigma and authenticity in the work of Kay Redfield Jamison - reflection**  
John Cookson

- 88 **Community-based group guided self-help intervention for low mood and stress: randomised controlled trial**  
Christopher Williams, Carrie-Anne McClay, Lynsay Matthews, Alex McConnachie, Caroline Haig, Andrew Walker and Jill Morrison

- 96 **Cardiometabolic dysregulation and cognitive decline: potential role of depressive symptoms**  
Norbert Schmitz, Sonya S. Deschênes, Rachel J. Burns, Sofia M. Danna, Oscar H. Franco, M. Arfan Ikram, Mika Kivimäki, Archana Singh-Manoux and Henning Tiemeier

- 103 **Impact of adherence to antidepressants on long-term prescription opioid use cessation**  
Jeffrey F. Scherrer, Joanne Salas, Mark D. Sullivan, Brian K. Ahmedani, Laurel A. Copeland, Kathleen K. Bucholz, Thomas Burroughs, F. David Schneider and Patrick J. Lustman

- 111 **These halls - poems**  
Charles Cooper

- 112 **Efficacy of web-based cognitive-behavioural therapy for chronic fatigue syndrome: randomised controlled trial**  
A. Janse, M. Worm-Smeitink, G. Bleijenberg, R. Donders and H. Knoop

## Short report

- 119 **Effect of singing interventions on symptoms of postnatal depression: three-arm randomised controlled trial**  
D. Fancourt and R. Perkins

- 121 **1968: psychiatry in transition - psychiatry in history**  
Lucas Richert

## Columns

- 122 **Book review**  
123 **Contents of the *American Journal of Psychiatry***  
123 **Contents of *BJPsych Advances***  
124 **Kaleidoscope**  
126 **From the Editor's desk**

## Cover picture

*Self-portrait 2* (unknown year) by Alex Green (b.1981)

Alex Green started painting from a very early age. He studied fine art at Leeds Metropolitan University in the early 2000s. He cites his main influences as surrealism, particularly Salvador Dali, but also the work of Turner and Francis Bacon. Alex mainly uses oils, both on a small and very large scale, and has sold some of his work. He tends to focus on portraiture. The painting is one of a number of portraits Alex has painted of himself when psychiatrically unwell. He suffered from treatment resistant psychosis for several years before responding to clozapine. He has also been diagnosed with Huntington's disease. Alex lives in his home town of Leicester.

The above text and the cover picture were submitted for publication by Reza Kiani and Kevin Pierce from Huntington's Disease Complex Care Services (Mill Lodge) in Leicestershire.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

